

LUNCH & DINNER MENU

Available from 11:30 AM – 11:00 PM

TOASTIES & SAVORIES (WARM)

Maple-Roast Turkey & Cranberry Toastie spinach, brie, cranberry mayo	14.00
Caplansky's Smoked Beef Brisket Toastie spicy dijon, pickle, Swiss cheese	15.00
Elm Tavern Classic Toastie Ontario cheddar, cornichons, white onion	16.00
Chicken, Tarragon & Leek Pie	10.00
The Classic Sausage Roll	7.50

DELI SANDWICHES

Chimichurri Carne Asada thinly sliced roast beef, chimichurri sauce, arbol mayo, fried onions, arugula on potato bread	14.00
Ham and Swiss cured Virginia ham, swiss cheese, lettuce, tomato, honey mustard mayo, brioche bun	13.00
Turkey Club Wrap turkey, smoked bacon, tomato, lettuce, emmental cheese, sriracha mayo in a flour tortilla	13.00
Chipotle Tuna Salad celery, red onion, lettuce, multigrain bread	9.00
Chicken Salad celery, peppers, herbs, tabasco mayonnaise, croissant bun	12.00
Roasted Sweet Potato & Chickpeas lettuce, tomato, red onion, olive tapenade, spinach wrap 🌿	9.00

HEARTY BOWLS

Ploughman's Power Bowl barley, romaine, boiled eggs, cheddar, radish, cucumber, cherry tomatoes, balsamic dressing	13.00
Coronation Chicken Bowl curry roasted chicken, pearl barley, lettuce, corn, raisins, grapes, radish, buttermilk honey dressing	17.00
Cajun Salmon & Quinoa Bowl cajun salmon, citrus quinoa, edamame, radish, carrot, cucumber, mango, iceberg lettuce 🌿	19.00
Chili Garlic Tofu Bowl sweet chili noodles, spicy tofu, peppers, cabbage slaw, carrot, cucumber, sesame, hoisin dressing 🌿🌱	14.00



contains nuts



vegan



vegetarian



gluten-free

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PASTRIES, CAKES & SWEETS

Apple Pecan Tart 🥜	8.00
Butter Tart	8.00
Chocolate Chunk Cookie	4.50
Oatmeal Cookie	4.50
Cupcake	5.00
Sticky Bun cherry, walnuts 🥜	5.50
Cinnamon Bun cream cheese icing	5.50
Berry Trifle	7.50
Bread & Butter Pudding	7.50

SQUARES & BARS

Nanaimo Bar	6.50
Brownie	6.50

GRAB & GO BOXES

Cheese Box aged cheddar, Oka, fruits, nuts, crackers 🥜 🌿	15.00
Meat & Cheese Box smoked and cured meats, local cheddar, nuts, crackers	18.00
Crudit� Cup celery, carrot, cucumber, radish, cherry tomato, garlic hummus � �	9.00

COMBOS

Soup & Cold Sandwich Combo	19.00
Soup & Hearty Bowl Combo	23.00



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